

# Tell your story, one step at a time

Who do you know who is touched by this issue?

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What needs to change?

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Why does it need to happen now?

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Pull it together into one short story below:

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**Now it's time to practice!** Find opportunities to tell your story over and over again: in the car, in the shower, on a walk, to friends, to strangers, to anyone who will listen. The more you tell your story, the more effective at storytelling you will become.